CURRICULUM PLAN – Nurture Personal Development

This curriculum is designed to develop social skills to many different types of children, particularly those with social, emotional and mental health concerns. Pupils labelled in this category may be considered aggressive, socially isolated, or shy. The underlying concept is that to proceed through stages of their social development, children should possess all the skills addressed by this curriculum. Designed for use by groups of children, such as a classroom or a counselling group, the activities are intended to help children in every aspect of their social development, as they relate their peers, their parents and their teachers. While many activities can be used with just one child, it is hard to argue with the concept that social skills are best learned in a social environment.

EXPLORE	DISCOVERY	INSPIRE
• Communicating • Non-Verbal Communication • Being part of a group • Expressing your feelings • Caring about yourself and others • Problem Solving • Effective Listening • Standing up for yourself • Managing conflict	• N/A	• N/A